

**THERAPY FACILITY NAME ADDRESS**

**Phone: Fax: Address**

**PHYSICAL THERAPY PROGRESS NOTE**

**Date of Visit:\_\_\_\_\_\_\_\_\_\_\_\_\_ Total Visits Attended to Date: \_\_\_\_\_\_\_\_\_\_**

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| **Patient Name:** | **DOB:** MM/DD/YYYY **Gender:** M/F |
| **Diagnoses:** | **Surgery Type/Date:** |
| **Referring Physician:** | **DOI/Onset date:** |
| **Patient Occupation:** | **Employer:** |
| **Current Work Status:** | **Last Day Worked:** |
| **PDL Current:** | **PDL Required for Job:** |

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| **SUBJECTIVE** | |
| **Self-Reported Progress Level** | **Changes in Co-morbidities/Medications:** |
| **Pain Location/Behavior:** | **Pain Rating (VAS):**  **Current:**  **Best:**  **Worst:** |
| **Contraindications/Precautions:** | **Current Chief Complaint(s):** |
| **Current Functional Limitations (incl. job specific):** | **Updated Outcome Score:** |
| **Other Subjective Comments:** | |

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| **OBJECTIVE** | |
| **Observations:** | **Posture:** |
| **Palpation (specify location and findings):** | **Joint Mobility (specify location & findings):** |
| **Special Tests (Orthopedic) – Specify test & result:** | **Special Tests (Balance/Neuro) – Specify test & result:** |
| **Blood Pressure Resting:**  **Blood Pressure w/exertion:** | **Heart Rate Resting:**  **Heart Rate w/exertion:** |
| **Gait assessment (incl. any assistive device used):** | **Functional Tests (specify test & result):** |
| **Sensation:** | **Other Objective Findings/Comments:** |

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| **MOVEMENT:**  **Joint & Motion** |

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| **AROM**  **(\* indicates painful)** | **PROM**  **(\*indicates painful)** | **STRENGTH**  **(\*indicates painful)** |

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| i.e. Shoulder Flexion  **◊Last = Last measure** | **R** | **◊Last** | **L** | | **◊Last** | **R** | **◊Last** | **L** | **◊Last** | **R** | **◊Last** | **L** | **◊Last** |
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| **Dynamometer Testing** |  | | |  | |  | |  | | |  |  | |
| **Materials Handling Tests (Job Specific):**  **Current:**  **At Eval:** | | | | | | | | | | | | | |
| **Non-Materials Handling Tests (Job Specific):**  **Current:**  **At Eval:** | | | | | | | | | | | | | |

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| **ASSESSMENT** |
| **Summary of treatment provided and progress:**  **Barriers to Rehab:**  **Current Impairments:**  **Job Specific Functional Deficits:**  **Additional Treatment Recommended (Incl. frequency, duration and clinical rationale):**  **Rehab Potential:** |

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| **GOALS (Job Specific – Include Return to Work Goals)** | | | |
| **Goal** | **Short/Long**  **Term** | **Time Frame** | **Met / Unmet / % Met** |
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| **PLAN** | |
| **Continued Treatment recommended?** | **Recommended Frequency/Duration to continue:** |
| **Total # of Visits Authorized:**  **Total # of Visits Attended:** | **Surgical Restrictions/Precautions:** |
| **Planned Services:** | |
| **Plan Comments:** | |

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| **Treating Therapist Name/License #:** |
| **Treating Therapist Signature:** |

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| **Physician Signature:** | **Date:** |
| **Physician Name:** |  |
| **Physician Comments/Recommendations:** | |